

# 10 CONGRESO NACIONAL DE **ACCESOS VASCULARES**

LIDERAZGO EN ACCESO VASCULAR:  
EXPERIENCIA, SEGURIDAD Y EVIDENCIA

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20-22 abril  
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## RESUMEN COMUNICACIÓN

### TÍTULO

CONSENSO DE EXPERTOS SOBRE RECOMENDACIONES EN LA INSERCIÓN, MANTENIMIENTO Y GESTIÓN DE LOS CATÉTERES VENOSOS PERIFÉRICOS PARA PREVENIR EVENTOS ADVERSOS.

### INTRODUCCIÓN

Las guías de práctica clínica (GPC) en el cuidado de los catéteres intravenosos periféricos (CIVP) desempeñan un papel crucial, conjuntamente a la experiencia clínica de los profesionales y las preferencias de los pacientes, a la hora de tomar decisiones sobre la atención adecuada en estos dispositivos.

### OBJETIVOS

Proporcionar un consenso internacional de la relevancia de las recomendaciones de las GPC para la inserción, mantenimiento y el manejo del CIVP , conjuntamente con su viabilidad de implementación en la práctica clínica.

### METODOLOGÍA

Estudio Delphi con expertos internacionales. Se realizó un muestreo intencional y de “bola de nieve” para reclutar a los participantes. El panel recoge 4 perfiles: clínico, gestor, control de infecciones hospitalarias y expertos en implementación. Las rondas se realizaron de marzo a septiembre de 2020, mediante una plataforma en línea, con un cuestionario donde se presentan descriptores y una escala likert de 4 puntos para señalar el grado de relevancia y viabilidad de cada recomendación procedente de GPC.

### RESULTADOS

Se efectuaron dos rondas completas y una ronda adicional para un único descriptor. De los 17 miembros del panel, 16 completaron las rondas. Hubo un alto nivel de acuerdo con un mediana de 4 y un IQR ≤ 1.5 bajo. En la primera ronda (R1), se presentaron 49 descriptores, el acuerdo relacionado con la relevancia y viabilidad fue alta en 45 y 47 descriptores respectivamente, con un IQR ≤ 1.5 para 45 y 30. El análisis de contenido determinó la eliminación de 7 y la modificación de 21. En la segunda ronda (R2), tras las modificaciones de la R1, se trasladaron 42 descriptores al panel. La relevancia y viabilidad fue alta en 40 y 26 descriptores respectivamente, con un IQR ≤ 1.5 para 42 y 28. Tras la R1, R2 y ronda adicional, el panel de expertos seleccionó por consenso 30 descriptores por ser relevantes para reducir el fallo del CIVP y factibles de ser implementados en cualquier entorno internacional.

### CONCLUSIONES

Este estudio proporciona un resumen consensuado de las recomendaciones más relevantes y factibles sobre inserción, adecuación, mantenimiento, gestión y retirada de los CIVP, ofreciendo una guía para estudios experimentales o de implementación.

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